





















Knowing who you are helps us to improve









Asking questions about who you are may feel personal but it helps us to better understand our population so that we can develop services that best meets the needs of our local people



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# Age What is your age/ age range?

Knowing your age allows us to offer the right services for your age group

We ask this question to establish how old you are, not everyone looks their age

Knowing your age can help us to signpost you to Trust involvement activities, to have your say about our services



### **Disability**

Are you registered disabled?

Do you have an accessibility and/or a communication need?

This information will help us to identify if our buildings and services are accessible to you

We can make reasonable adjustments for you



### **Gender Re-assignment**

Has your gender been re-assigned since birth?

We can ensure that our records are up to date and you are signposted to the correct services It is extremely important that we address you correctly

We can provide you with the right care and support



### **Marriage and Civil Partnership**

Please can you confirm your marital status?

We can accurately record your next of kin

Single
Married
Partner
Civil Partner
Separated
Widowed

During your care and treatment, including hospital stays, we can signpost you and your family to the right social support available



# Pregnancy and Maternity Are you pregnant?

Services we offer may differ during pregnancy (for example X-rays) We ask to ensure the safety of you and your unborn child

We can signpost you to the right support services available



#### **Race**

Please can you confirm your ethnicity?

We do not make assumptions based on how a person looks

Your race and ethnicity may increase your risks of different health conditions

Some people identify with a different ethnicity to the one they were born into



# Religion or Spiritual Belief Do you have a religious/spiritual belief and if so what is this?

We are able to connect you with multi-faith leaders who will be able to offer you support

Supporting people with faith, spirituality and pastoral services

You may have a faith leader who you would like us to contact or you may welcome the services of the Trust Chaplain



# Sex How would you like to be known?

We do not want to make assumptions about the gender of another person based on the person's appearance or name Some people are not known by their birth name, please let us know the name you would like staff to call you by

We want to ensure that you are offered the right services



#### **Sexual Orientation**

Do you identify as a member of the LGBT+ community?

We appreciate sexual orientation is a spectrum

If yes and you are comfortable to share this information, please do so as it will better enable us to understand our community and be all inclusive in Trust activities

All Trust property is treated as a safe space and hate is not tolerated



#### **Veterans**

COVENANT

Have you ever or do you serve in the armed forces?

We have links with external organisations who we can put you in touch with

We are a "Veteran Aware" Trust and we have a duty in helping to fulfil the Armed Forces Covenant



We have services within the Trust which may be able to help and support you and your family



### **Digital Exclusion**

Are you affected by digital exclusion?

By understanding your accessibility we can identify what help (if any) you might need

Do you have access to a device that allows you to use the internet either via a mobile signal or Wi-Fi

Available access to digital services can help you manage some of your own health care needs



# Housing and Home Status What is your current housing/home situation?

Knowing that you have someone at home can sometimes help with earlier discharge

Knowing this information helps us to understand and identify any care requirements

Sometimes we can help you work with other people to find somewhere to live

### **Protected Characteristics – What are they?**

Age – Where the Act refers to the protected characteristic of age, it means a person belonging to a particular age or age group. An age group includes people of the same age and people of a particular range of ages. Where people fall in the same age group, they share the protected characteristic of age.

**Disability** – A person has a disability if the person has a physical or mental impairment, and the impairment has a substantial and long-term adverse effect on person's ability to carry out normal day-to-day activities.

**Gender reassignment** – Relates to people in the process of transitioning from one gender to another.

Marriage and civil partnership – People who have or share the common characteristics of being married or of being a civil partner can be described as being in a marriage or civil partnership. A married man and a woman in a civil partnership both share the protected characteristic of marriage and civil partnership. People who are not married or civil partners do not have this characteristic.

Pregnancy and maternity – Relates to women that are pregnant or within their allocated maternity period. Women that are not pregnant nor within their maternity period do not share this characteristic.

### **Protected Characteristics – What are they?**

Race – For the purposes of the Act, 'race' includes colour, nationality and ethnic or national origins. People who have or share characteristics of colour, nationality or ethnic or national origins can be described as belonging to a particular racial group. A racial group can be made up of two or more different racial groups.

Religion or belief – The protected characteristic of religion or religious or philosophical belief, is also stated to include a lack of religion or belief. It is a broad definition in line with the freedom of thought, conscience and religion guaranteed by article 9 of the European Convention on Human Rights

Sex (Gender) – People having the protected characteristic of sex refers to being a man or a woman, and that men share this characteristic with other men, and women with other women.

Sexual orientation – The protected characteristic of sexual orientation relates to a person's sexual orientation towards people of the same sex as him or her (in other words the person is a gay man or lesbian); people of the opposite sex from him or her (the person is heterosexual); people of both sexes (the person is bisexual).



### **CONTACT US**

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